



IDFPR
Illinois Department of
Financial and Professional Regulation
Division of Professional Regulation

QUALIFICATIONS FOR
LICENSURE:
LICENSED MARRIAGE AND FAMILY
THERAPIST
(166)

Effective: 12/2024

Revised Date: N/NNNN

READ ME FIRST

The Division of Professional Regulation hopes that you will find the information below useful in successfully applying for a license in the State of Illinois. Carefully review this information as it will assist you in applying for your license and eliminate many processing delays.

Important:

- An application is active for three years from the date of receipt by the Department.
- Before contacting the Department, please review our FAQs for answers to most questions. <http://www.idfpr.illinois.gov/About/FAQ.html>)
- If your question is not addressed in our FAQ's, please contact the department at 1-800-560-6420.

LICENSE QUALIFICATIONS

Education:

- A graduate level education experience as described in [Rules 68 IAC Section 1283.30](#).

Examination:

- In accordance with [Rules 68 IAC Section 1283.40](#), all applicants are required to complete the Association of Marital and Family Therapy Regulatory Board's (AMFTRB) National Marriage and Family Therapy Examination. Regardless of licensure method, one who has not successfully completed this exam is required to do so on the path to Illinois licensure.

Professional and Clinical Experience:

- Professional and Clinical Experience requirements are detailed in [Rules 68 IAC Section 1283.15](#) and [Rules 68 IAC Section 1283.20](#).
- At least 3000 total hours experience completed **after the graduate** degree, including
- At least 1000 hours of direct client contact.
- At least 350 of the direct client contact hours must be individual therapy.
- At least 350 of the direct client contact hours must be conjoint therapy.

Supervision:

- Supervision requirements are detailed in [Rules 68 IAC Section 1283.25](#).
- At least 200 hours total are required.
- Of the 200 hours required, up to 100 hours can be completed during the graduate level marriage and family therapy degree.
- Of the 200 hours required, at least 100 must be completed under a Marriage and Family Therapy Supervisor as defined in the Rules.

REQUIRED SUPPORTING DOCUMENTS

To document the education, one must submit:

- A. Evidence of an Illinois Associate Licensed Marriage and Family Therapist (208) license,
OR
- B. **Official Transcript(s)** or **[Certification of Education \(ED\) form\(s\)](#)** documenting a graduate level Marriage and Family Therapy degree that is accredited by the Commission on the Accreditation of Marriage and Family Therapy Education (COAMFTE) or the Commission on the Accreditation of Counseling and Related Educational Programs,
OR
- C. **All of the following:**
 - 1. A completed **[Certification of Education \(ED\) form\(s\)](#)** documenting a graduate level degree as described in **[Rules 68 IAC Section 1283.30](#)**,
 - 2. An **Official Transcript** from each institution where graduate level marriage and family therapy coursework was completed,
 - 3. **Course descriptions** for each graduate level marriage and family therapy course completed, as published by the university at the time the coursework was completed.

To document the experience, one must submit:

- A. Detailed information about each experience including the business, clinic, or agency where completed, the number and types of hours completed, the supervisor name, and the starting and ending date of the experience, **AND**
- B. A completed Supervisor's Report (**[SR-MFT](#)**) form from each supervisor.

AAMFT Clinical Members:

An applicant who is a Clinical Member the American Association of Marriage and Family Therapists (AAMFT) may provide evidence of their clinical membership in lieu of providing proof of education and proof of experience. Proof of examination will still be required.

To document completing the examination:

One must contact AMFTRB to make arrangements for an official score report to be sent to IDFPR. One who has not yet completed the exam may indicate as such in the application. An exam approval notice with registration instructions will be sent by IDFPR upon submission of the application.

Applicants licensed in another state must also provide:

Certification of Licensure from the other state/US jurisdiction. Certification of Licensure is detailed information about the license such as current status, issue and expiration date, and whether or not the license has been disciplined. The other state board or agency provides the information and CERTIFIES that it is true and correct as of a specific date. You may use [form CT](#) to request Certification of Licensure from the other state board. Most states have their own format for this information. IDFPR will accept other states formats as long as it contains the required minimum information. If the Certification is only available online, you may print the online certification/verification and upload it. If the other state board will only send the certification directly to IDFPR, you will need to upload evidence of ordering the certification or confirmation of delivery to IDFPR.

Applicants licensed at the *independent* level in another state for *30 months* with *no discipline* may provide Certification of Licensure from each state in lieu of providing proof of education and proof of experience. Proof of examination will still be required.

IMPORTANT INFORMATION ONCE LICENSED

- All Marriage and Family Therapist licenses expire February 28 of odd years. The first licensure period may be less than 2 years. After the first renewal, the licensure cycle is 2 years. No Continuing Education is required for the first renewal.
- It is your responsibility to update your contact information including email address with the Department to ensure that you receive all courtesy email reminders and other notifications.